



Al Ameen
Primary School

PSHE Policy

1 Introduction

Personal, social, health and economic education promotes pupils' personal social and emotional development, as well as their health and well being. It helps to give children the knowledge and skills they need to lead confident, healthy and independent lives. It aims to help them understand how they are developing personally and socially, and tackles many of the moral, social and cultural issues that are part of growing up. It gives children an understanding of the rights and responsibilities that are part of being a good citizen and introduces them to some of the principles of prudent financial planning and understanding.

2 Aims

At Al Ameen Primary School we believe that the personal, social and health development of each child, in conjunction with their citizenship skills, has a significant role in their ability to learn. We value the importance of PSHE and Citizenship in preparing children for the opportunities, responsibilities and experiences of adult life. In addition we believe that a child needs to learn about the many emotional aspects of life and how to manage their own emotions. We are also aware of the way that PSHE supports many of the principles of Safeguarding. (See Safeguarding Policy.)

Through our PSHE provision, we aim to:

1. stay as healthy as possible;
2. keep themselves and others safe;
3. have worthwhile and fulfilling relationships;
4. respect the differences between people in particular paying particular regard to the protected characteristics set out in the Equality Act 2010;
5. develop independence and responsibility;
6. play an active role as members of a democratic society and to begin to consider future careers in an informed manner;
7. make the most of their own abilities and those of others;
8. behave in a socially and morally acceptable way including towards authority and each other;
9. to become involved in the life of their community;
10. to know about democracy and how to be an active citizen;
11. to know about economic wellbeing.

We want our pupils to:

1. value the achievements they make, and the achievements of others
2. make informed choices about dealing with risks and meeting challenges now and in the future.
3. decide on values by which they want to live their lives.

Our school curriculum and ethos promotes spiritual, moral, social and cultural development and prepares all pupils for the opportunities and responsibilities within their lives. Our aim, through the teaching of PSHE is to enhance the school's aims and ethos and to encourage respect for other people.

3 Organisation

Al Ameen Primary School uses the SEAL – Social and Emotional Aspects of Learning - materials to teach many of the elements of PSHE. We recognise that there are areas that SEAL does not cover and these are addressed with specific lessons where that occurs.

The school also uses the Wiltshire Learn4Life scheme including topics from the LCP PSHE & Citizenship file to help with the content and planning of PSHE lessons.

We recognise that **Circle Time** is also a very useful teaching model for many of the aspects of PSHE.

PSHE and Citizenship will enable children to practise specific skills in structured contexts and in their daily life including:-

1. Encouraging everybody to take responsibility for their actions through the agreement of class rules.
2. Involving children in the setting of their targets for learning.
3. Encouraging children to recognise and respect differences between people particular paying particular regard to the protected characteristics set out in the Equality Act 2010;
4. The election of a school council in a democratic manner, which actively develops the direction of the school.
5. Encouraging children to take responsibility for their behaviour.

There are wider Opportunities for personal and social development at school. These include:-

1. The development of each child's ability to work as part of a team, become active within the school community and recognise the qualities of good citizenship.
2. Consideration of the holistic needs of every child with regard to their race, culture, language and faith.
3. Planning class visits and trips which widen children's experiences beyond the immediate local environment.
4. Coming together as a school for collective worship to celebrate academic and personal achievements.
5. Planning events which encourage the school to work together for example: Annual Fun Day, Community Iftar Gathering, Food for All Program.

We seek to promote a healthy lifestyle and self confidence for our community by:

1. The provision of a range of lunch time and after school clubs e.g. sports, football, Art and homework which help foster a healthy lifestyle and encourage children to explore individual talents.
2. Providing opportunities in school for children to learn about rhythm through nasheeds
3. Promoting walk to school.
4. Encouraging fitness throughout the school
5. Healthy eating promotions during the week, e.g. Sandwich of the day

We seek the involvement of the whole school community through:-

1. Encouraging parents/ carers to support trips or whole school events.
2. Half termly newsletters sent to parents/ carers.
3. The Home/ School agreement.

Time Allocation

PSHE is timetabled into the each class's schedule and is taught as a dedicated subject. Additional to this is the provision of PSHE through assemblies and other opportunities. Each class teacher will aim to allocate a minimum of 30 minutes each week to PSHE/SEAL.

Display

Displays follow the policy of Al Ameen Primary School.

Resources

Resources for PSHE are kept in the Resource room and school library. All the SEAL materials are available in the library and can be downloaded from the archived National Curriculum website.

Monitoring

The head teacher will carry out a programme of sampling lessons over the year and write an annual report to governors.

Equal Opportunities

As part of our PSHE provision, we aim to ensure that we eradicate all forms of discrimination paying particular regard to the protected characteristics (age, race, gender reassignment, disability, marriage and civil partnership, religion and belief, pregnancy and maternity, gender, sexual orientation)

Responsibilities

The SLT is responsible for:

- Monitoring the teaching and learning of PSHE.
- Overseeing and implementing the policy.
- Attending INSET and providing staff with appropriate feedback.

Each class teacher is responsible for delivering the SEAL and PSHE topics to their class and being aware of where extra lessons are needed to cover required aspects.

This policy has been agreed by the governing body of Al Ameen Primary School and supersedes all previous policies relating to this area.

Date agreed: 21/04/16

Review date: April 2018

Signed: **M Uddin**
On behalf of the Governing Board